

## Where are the walks?

The programme is overleaf. They are on a Saturday and usually within a one hour drive of Maghull. We try to vary them – flat, hills, coast, fields, woods etc. .

There is usually parking at the start of the walk and a toilet at some point.

## How do I come on a walk?

Please let Lynne or Alison know you are coming either at church on Sundays or phone the church (tel: 0151 520 2141), leave your number and one of the walk leaders will get back to you. We normally meet at Maghull Baptist Church car park at 10 am on the date stated.

## Minibus

If you would like to join us on the church minibus, it is a first come first served basis, please book through Lynne by texting in the week prior to the walk.

## Who can come?

Anyone who can walk the distance shown overleaf. We normally walk at the slowest person's pace. If in doubt, please ask.

New people very welcome.

Anyone under 16 should be accompanied by an adult. Well behaved dogs welcome, please bring a lead and poop bags.

## What do I need to bring?

**(if you don't have these, don't worry, ask in advance and we might have spares!):**

### Essential:

Strong comfortable footwear, preferably walking boots.

Warm clothing. Waterproof jacket if rain is forecast.

A packed lunch with drink.

A contribution towards petrol or tunnel fees (unless you use your own car). We often use our church's minibus, or if full, private cars.

### Preferable:

Waterproof trousers if rain is forecast

Think if the weather might change while you are out – will you need a hat, gloves, sunglasses, sunscreen, flask?

### Optional:

A small amount of money as we often stop afterwards for a drink at a café or pub.

### Be safe!

Please stay with the group on the walk at all times. Although we try to keep everyone safe on the walk, please note that you join the walks at your own risk.

# Maghull Baptist Church Walking Group Programme

## September 2016 to July 2017



Haslingden - May 2016

*Maghull Baptist Church, Hall Lane,  
Maghull, Merseyside, L31 3DY*



*maghull baptist church*



## Walking Group Programme September 2016 - July 2017

### Saturday 3rd September 2016

*Llanarmon, North Wales.*

A lovely walk in tranquil Welsh countryside with a 1000 foot ascent on good paths. Moderate. 6 miles / 4 hours.

### Saturday 1st October 2016

*The Dream*

A walk to the 20 metre high iconic white sculpture at Sutton Manor, St. Helens. Easy to moderate. 5-6 miles / 3 hours.

### Saturday 5th November 2016

*Sand, Sea and Squirrels!*

Formby beach and woods. Mostly flat walking with a couple of sand dunes to climb. 7 miles / 4 hours.

### Saturday 3rd December 2016

*Ashurst Beacon*

Afterwards the option to join us for our Christmas lunch! Easy walking. 4 -5 miles / 2 hours. No packed lunch needed.

### Saturday 7th January 2017

*Gorse Hill, Ormskirk*

Start the new year with a fresh gentle walk. Easy. 6 miles / 3 hours.

### Saturday 4th February 2017

*The Maghull Trail*

A local walk around Sefton's green spaces. Easy. 6-7 miles / 3 hours.

### Saturday 4th March 2017

*Darwen Tower.*

Through Sunninghurst woods and reservoirs with an ascent at the start. Moderate. 5-6 miles / 3.5 hours.

### Saturday 1st April 2017

*Lytham St Annes*

With sea views, Lytham Hall, good bird watching and a RSPB shop, what more do you want on a walk! Easy walking. 5 - 6 miles / 3 hours.

### Saturday 6th May 2017

*Rivington Pike*

Visit the ruins of Liverpool Castle and wander through woods of bluebells. Moderate. With 1000 foot ascent. 6 miles / 3.5 hours.

### Saturday 3rd June 2017

*The Singing Ringing Tree!*

Towneley Park and the option to see the wind powered sound sculpture in the Pennine Hills overlooking Burnley. Moderate, with optional hill climb. 6 miles / 3.5 hours.

### Saturday 1st July 2017

*Burwardsley*

Hill walking to include part of Cheshire's sandstone ridge. Enjoy a treat afterwards at the Ice Cream Farm, choose from over 50 flavours! Moderate with some slopes. 7 miles / 4.5 hours.